

TAEKWONDO MASTERS

2025 SUMMER CAMP PROGRAM

There is nothing like the martial arts!

No other Day Camp offers all these benefits:

- Highly Trained, Enthusiastic, Caring & Certified Masters & Instructors
- Discipline
- Self-confidence
- Physical Fitness
- Leadership
- A "Can do" positive attitude
- **Swimming, Bowling, Magic Show, Movies, Field Trips as well as daily Tae Kwon Do lessons**

Drop your child off on the way to work and pick them up on the way home.

*Drop off: 7:00-9:30 a.m. Pick up: 5:00-6:30 p.m.

Dates for 2025 Summer Camp are:

□ **June : 12-13 (\$149), 16-20, 23-27**

□ **July : June 30-July 3 (closed on July 4), 7-11, 14-18, 21-25, 28-Aug 1**

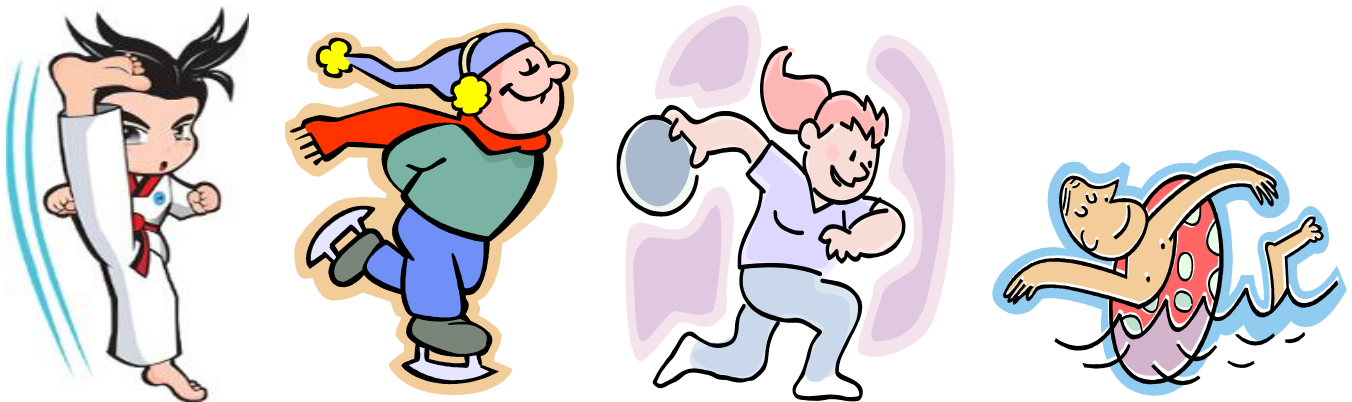
□ **August : 4-8, 11-15**

Our Summer Camp is based on the Fairfax Schools summer vacation schedule.

\$319/Week (\$249 for 3 days or \$99 for 1 day)

Register by February 29, 2025. Prices will increase after March 1.

\$149 one time non-refundable registration fee (including **uniform, school sack, and 2 T-shirts**) is required for all first time campers. **\$40** (including **2 T-shirts**) for current students. The minimum age for our camp is **5** years old.



Call us at 703-765-5309 for more information and registration.

HURRY! LIMITED SPACE AVAILABLE

It's Not Day Care... Much Better For Your Child!

SUMMER CAMP SAMPLE SCHEDULE

(Activities may vary weekly)

Mon – Friday: 7:00 a.m. - 6:30 p.m.

Monday

- 7:00 a.m. Drop off your child at your convenience between 7:00 and 9:30 a.m.
Games, quiet activities or movie
- 9:30 a.m. Camp begins: Line up. Divide into teams. Take group pictures.
Review the schedule and rules; Team building
- 10:00 a.m. Tae Kwon Do (TKD) training (Stretching and basics)
- 11:00 a.m. **Chuck E. Cheese**
- 1:00 p.m. Lunch and rest, supervised free time.
- 2:30 p.m. Rest and reading (Students should bring their own books)
- 3:30 p.m. Confidence building drill (“Who am I” and “I will become the best I can be”)
- 4:00 p.m. TKD Practice
- 5:00 p.m. TKD Camp ends; Games, quiet activities, or movie until pick up by 6:30 p.m.

Tuesday

- 7:00 a.m. Drop off your child at your convenience between 7:00 and 9:30 a.m.
Games, quiet activities or movie
- 9:30 a.m. **Movie (Leave around 10:30 a.m., AMC Hoffman)**
- 1:00 p.m. Lunch and rest, supervised free time.
- 2:30 p.m. Learn Tae Kwon Do manners and customs
- 4:00 p.m. TKD Practice
- 5:00 p.m. TKD Camp ends; Games, quiet activities, or movie until pick up by 6:30 p.m.

Wednesday

- 7:00 a.m. Drop off your child at your convenience between 7:00 and 9:30 a.m.
Games, quiet activities or movie
- 9:30 a.m. Tae Kwon Do (TKD) training (Partner drills)
- 10:30 a.m. Rest and reading (Students should bring their own books)
- 11:30 a.m. **Swimming (Franconia ReCenter)**
- 1:00 p.m. Lunch and rest, supervised free time.
- 2:30 p.m. Discuss about friends, family and how to handle the conflict
- 4:00 p.m. TKD Practice
- 5:00 p.m. TKD Camp ends; Games, quiet activities, or movie until pick up by 6:30 p.m.

Thursday

- 7:00 a.m. Drop off your child at your convenience between 7:00 and 9:30 a.m.
Games, quiet activities or movie
- 9:30 a.m. Tae Kwon Do (TKD) training (Sparring drills)
- 10:00 a.m. Rest and reading (Students should bring their own books)
- 11:00 a.m. **Bowling (AMF Annandale)**
- 1:00 p.m. Lunch and rest, supervised free time.
- 2:30 p.m. Learn basic Korean language
- 4:00 p.m. TKD Practice
- 5:00 p.m. TKD Camp ends; Games, quiet activities, or movie until pick up by 6:30 p.m.

Friday

- 7:00 a.m. Drop off your child at your convenience between 7:00 and 9:30 a.m.
Games, quiet activities or movie
- 9:30 a.m. TKD Practice (Self-defense drills)
- 11:30 a.m. **Pizza Party provided by TKD Masters** (Don't need to bring lunch)
- 2:00 p.m. Reading (Students should bring their own books)
- 3:00 p.m. **Nerf Gun Battle/ Field Trip**
- 4:00 p.m. TKD Practice
- 5:00 p.m. TKD Camp ends; Games, quiet activities, or movie until pick up by 6:30 p.m.

Important additional information

- After 6:30 p.m., there is a late charge (\$20) for children not yet picked up.
- Students must bring their snack, lunch or lunch money every day except for **Fridays**.
- TKD Masters will provide water.
- Students must bring a bathing suit and towel on **Wednesdays**.
- Students need to bring their own nerf gun on **Fridays**.
- The schedule is subject to change to accommodate special activities, such as visits from Reptile Guys, face painting, or trips to the trampoline park.

Please feel free to contact us at tkmasters@yahoo.com or call us at 703-765-5309.

